

Frank's Killer Egg Nog
(Formerly George Washington's favorite recipe)

Le ricette di cucina di Frank Russo-Alessi



Ingredienti

1 Quart Milk
1 Quart Cream
1 Dozen Eggs separated
12 Tablespoons Sugar
1 Pint Jamaican or Puerto Rican Rum
1 Pint Brandy (inexpensive)
½ Pint Bourbon OR Rye OR Scotch Whiskey
¼ pint cream sherry

Come Fare

Add 12 tablespoons of sugar to beaten egg yolks.

Add Milk and Cream, mix some more.

Add all Alcoholic contents to mix and stir.

Whip 12 egg whites until stiff and fold in the mixture.

Place in a cool (can refrigerate if necessary) place for 3 days. Daily stir (and taste).

Serve and enjoy you won't believe it could be this good.

Happy Holidays

Buon Appetito!

Please send recipes, comments and suggestions to

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